Prif Fwydlen - Main Menu



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I DDECHRAU - STARTERS

Soup of the Day £4.50

Home-made soup served with a warmed bread.

Baked Camembert Cheese V £5.95

French Camembert studded with sliced garlic, thyme, drizzled with chilli oil. Baked and served with a warm baguette and mixed olives.

Garlic Bread V £3.50

Garlic Bread with Cheese **W** £4.50

Garlic Mushrooms **W** £4.95

Mushrooms cooked in white wine and garlic, finished off with cream. Served with half a warm baguette.

Welsh Dragon Paté 🥨 £5.95

Locally made venison pate with a hint of chilli. Served with a caramelised onion chutney, salad garnish and toast.

Spicy Chicken Wings £4.95

Breaded chicken wings served with sweet chilli dipping sauce and salad.

Marinated Mixed Olives **V** £3.75

Mixed olives served with bread.

King Prawns £5.95

Tempura battered king prawns served with sweet chilli dipping sauce and salad.

PRIF GWRS - MAINS

10oz Sirloin Steak & £15.95

Served with grilled cherry tomatoes, mushrooms, onion rings and chips. Sauce for steak: peppercorn or mushroom £1.95

Caribbean Chicken £10.95

Marinated chicken breast in a medium curry paste, pan fried in a rich coconut sauce with scallions and chilli pepper. Served with chips and salad.

Lemon & Garlic Chicken Supreme £9.95

Marinated chicken breast marinated in lemon and garlic with a creamy mushroom sauce. Served with chips and salad.

Horseshoe Gammon Steak £8.50

Gammon steak cooked on a chargrill, served with either fresh cut pineapple or a free-range egg and chips.

Honey Glazed Ham £8.50

Home-cooked ham with free-range eggs, peas, salad and chips.

Welsh Steak Burger 👺 £7.95

Topped with grilled bacon and cheddar cheese. Served with salad and chips.

Chargrilled Chicken Breast Burger £7.95

Topped with grilled bacon and cheddar cheese. Served with salad and chips.

Welsh Lamb and Mint Burger £7.95

Topped with grilled bacon and cheddar cheese. Served with salad and chips.

OCHRAU - SIDES

Mixed Salad £3.50

Rocket and Parmesan £3.50

Chips £2.50

Onion Rings £2.95

DO YOU HAVE AN ALLERGY?

O'R MÔR - SEAFOOD

Spanish style Fillet of Seabass £11.95

Seabass fillet served on crushed garlic new potatoes with a warm salsa of chorizo, roasted peppers, olives, red onions and prawns in a tomato sauce.

Pan-fried Salmon Fillet £11.95

Served with asparagus spears and saute new potatoes, topped with a sweet chilli sauce.

Breaded Scampi £9.95

Served with chips, garden peas, salad and a lemon wedge.

Smoked Haddock and Spring Onion Fishcakes £9.95

Served with chips, salad, tartare sauce and a lemon wedge.

PASTA - RISOTTO

Spaghetti Bolognese £7.95

Homemade beef bolognese in a tasty tomato and basil sauce topped with Parmesan cheese.

Penne Arrabiata V £8.95

Peppers, olives, onions and tomatoes in a spicy chilli sauce topped with Parmesan cheese.

Linguine Di Mare £10.95

Pasta cooked in cream with smoked salmon, prawns, spinach, cherry tomatoes and Mascarpone.

Homemade Beef Lasagne £9.95

Using our own beef bolognese sauce layered with bechamel sauce and sheets of lasagne cooked until golden brown. Served with salad and garlic bread.

Italian style Chicken and Chorizo Risotto £9.95

Pan-fried chicken in a vegetable stock, chorizo and roasted peppers topped with Parmesan cheese.

Risotto Boscaiola V £9.95

Garlic butter, sliced asparagus spears, mushrooms topped with Parmesan shavings.

Smoked Haddock Rissotto £10.95

Arborio risotto cooked with smoked poached haddock, garden peas and Atlantic prawns, poached egg and topped with Parmesan cheese.

Penne Carbonara £8.95

Pan-fried smoked pancetta in a white wine, cream and garlic sauce with Parmesan cheese and egg.

Pollo Penne Genovese £9.95

Tender strips of chicken tossed in a creamy pesto sauce with mushroom and penne pasta topped with Parmesan.

Seafood Spaghetti £10.95

Mussels, prawns, calamari and smoked julian salmon cooked in special tomato sauce and chilli peppers.



Greek Salad £7.95

Mixed leaves, feta cheese, olive oil, tomatoes, cucumber, olives and parsley.

Halloumi and Chorizo Salad £8.50

Lightly fried halloumi and chorizo on a bed of mixed leaves, onion and tomatoes, dressed with balsamic vinegar.

Smoked Salmon and Avocado Salad Small - £7.95 Large - £8.50

Served with vine tomatoes, lemon, salad and dressing.

Goat Cheese and Beetroot Salad £8.50

Goat cheese, diced beetroot and walnuts on mixed salad leaves.

All the pizzas and calzones served at the Cyfnod have been made from scratch by our chefs and cooked in our stone based oven. We use the finest ingredients to produce our lovely thin based pizzas. All pizzas are 10" inch.		Served with a FREE glass of apple or orange juice	
		Sausage, Chips and Beans	£4.95
		Chicken Nuggets, Chips & Beans	£4.95
Margherita V Tomato sauce, mozarella and oregano.	£5.95	Spaghetti Bolognese	£4.95
Caprino V	£7.95	Egg, Chips and Beans	£4.95
Goat cheese, red onion and spinach.		7" Pizza	£4.95
Greco 🛡	£7.95		_
Olives, red onion and feta cheese.		TÊ - TEA	
Pollo	£6.95	IC - ICA	
Chicken, mushroom and sweetcorn.		Pot of Tea per person	£2.10
Vegetariana V Mushrooms, peppers, onion and sweetcorn.	£6.95	Decaf Tea per person	£2.10
	0 / 05	Speciality Teas per person	£2.10
Tropicana Ham and pineapple.	£6.95	Peppermint, Earl Grey, Red Berry, Green and Camomile.	
American Hot	£7.50	- 4 -	
Ham, pepperoni and chilli peppers.	27.50		_
Seafood	£7.50	freshly ground)
Tuna, anchovies, prawn and red onions.		LAVAZZA COFFEE	
Meat Feast Pepperoni, chicken, spicy beef and salami.	£8.50	Americano	£2.40
		Cappuccino	£2.50
Red Dragon Chicken, ham, pepperoni and chilli peppers.	£8.50	Latte	£2.50
	07.05	Mocha	£2.80
7" Pizza with 3 Toppings	£7.95	Espresso	£2.00
Create your own Pizza Choose from 4 toppings - ham, chicken, beef, pepperoni, salami, spicy beef, mushroom, red onion, anchovies, olives, sweetcorn, peppers. Extra topping - £1.00.	£12.95	Double Espresso	£2.40
		Flat White	£2.50
		Hot Chocolate	£2.60
All pizzas available calzone style.		Luxury Hot Chocolate with	£2.95
Garlic Bread	£4.95	cream & marshmallows	
Garlic Bread with Cheese	£5.95	Speciality Latte (Vanilla, Caramel, Gingerbread & Hazelnut)	£2.95
James Broad Willi Olloop	~0.70	(varina, Caramer, Onigerbread & Hazeillon)	

PIZZA

PLANT - CHILDREN

TO PLACE AN ORDER CALL: 01678 521260 - www.cyfnod.com

PLEASE RESPECT SOCIAL DISTANCING

- Stay 2 meters away from the staff and other customers.
 - Do not touch the staff or other customers.
- · Only approach the counter when asked by a member of staff.
 - Where possible pay by contactless card.
 - Please leave as soon as you have collected your food.

DO YOU HAVE AN ALLERGY?